

1976 Region 5AA Boys - Tuesday, May 25 & Thursday, May 27th at Park Center

Teams: Park Center 105, Osseo 89, Mpls Washburn 69, Fridley 37, Mpls Central 33, Fridley Grace 30, Mpls Southwest 29, Brooklyn Center 27, Mpls North 25, Mpls Roosevelt 14, Benilde-St. Margaret's 13, Columbia Heights 12, Mpls South 2.

Two Mile Run

- 1 Joe Sokolowski, Grace 9:25.2
- 2 Dave Chatelaine, Osseo 9:36.2
- 4 Dana Fossmo, Osseo 9:46.6

120 Yd Hurdles

- 1 Simington, Washb 15.7
- 2 Dale Chell, BrCtr 15.9
- 3 Dick Schroer, PC 16.1

100 Yd Dash

- 1 Todd Mayes, Washb 10.1
- 2 John Frankenfield, Fr 10.2

One Mile Run

- 1 Scott Clark, Osseo 4:19.8
- 2 Mark Feyereisen, Grace 4:21.1
- 3 Steve Sexton, PC 4:29.9

880 Yard Relay

- 1 Fridley 1:31.4
- 3 Park Center 1:33.5
- 5 Osseo 1:34.9

440 Yd Dash

- 1 Terry Westermann, PC 50.6
- 2 Perry Martin, BrCtr 50.6
- 4 Chuck Rodin, PC 51.6

180 Yd Hurdles

- 1 Lieb, SW 20.7
- 2 Bowser, Roosev 21.4

880 Yd Run

- 1 Scott Williams, Osseo 2:01.4
- 2 Chris Lyden, Grace 2:02.7
- 3 Kevin Coons, Osseo 2:03.8

Sprint Medley Relay

- 1 Osseo 3:35.0 (Hansen, Longaecker, Wilmes, Clark)
- 2 Park Center 3:39.3

220 Yd Dash

- 1 Todd Mayes, Washb 23.3
- 2 John Frankenfield, Fr 23.5

Mile Relay

- 1 Osseo 3:26.6 (Gorman, Williams, Longaecker, Clark)
- ? Park Center 3:27.8

Shot Put

- 1 Chris Dustrud, PC 54-6.5
- 2 Tim Biegert, Oss 52-0.5
- 3 Jay Lange 52-0

Discus Throw

- 1 Safton, Washb 149-11
- 2 Chuck Cherrier, PC 148-10
- 3 Tim Biegert, Osseo 144-7
- 4 Glen Townsend
- 6 Dave Setzer, Osseo

High Jump

- 1 Mark Lane, PC 6-3
- t2 Andra Griffin, Centr 6-2
- t2 Ken Klefsass, PC 6-2

Long Jump

- 1 Mike Price, Osseo 21-9.5
- 2 Bowser, Roosev 20-7.75
- 4 Rick Spillers, Osseo 20-6.5

Pole Vault

- 1 Staubus, SW 12-6
- 2 Strand, ColHts 12-6
- t4 Tim Czeck, BrCtr 12-0
- t4 Mike Cain, PC 12-0

Notes: Park Center was coached by Del Mottaz.

Pole Vault was completed on Friday after rain delay on Thursday.